Good Shepherd Catholic School
— Lockridge —
215 Morley Drive, Lockridge, W.A. 6054
Phone: (08) 6278 9500 • Fax: (08) 6278 9540 • Email: admin@gsl.wa.edu.au
Website: www.gsl.wa.edu.au • ABN 86 853 294 544

SUN PROTECTION GUIDELINES

Objective

Skin damage, including skin cancer, is the result of cumulative exposure to ultraviolet radiation (UV) from the sun. UV damage begins to accumulate during childhood and adolescence and is associated with an increased risk of skin cancer later in life. As students and staff are at school during times of peak UV radiation, schools play a major role in providing an environment that minimises exposure and encourages long-term sun protective behaviours.

Principles

Our Sun Protection Guidelines have been developed to ensure that all students, staff, parents and visitors attending Good Shepherd Catholic School are protected from skin damage caused by harmful ultraviolet (UV) radiation from the sun.

Procedures

Scheduling outdoor activities

Where possible, we schedule outdoor activities such as assemblies, outdoor lessons, sport and physical education to occur when the UV Index is below 3. When this is not possible activities are scheduled as far from 12 noon as possible to avoid peak UV times.

When outdoor activities are scheduled at times when the UV Index is 3 or higher, maximum use is made of shade, sunscreen and hats to protect students and staff.

Shade

We ensure there is adequate provision of shade within the school grounds for students and staff.

We ensure that adequate shade is provided at sporting carnivals and outdoor events.

Shade provision is considered in plans for future buildings, grounds and playground equipment.

Clothing

Cool, loose-fitting sun protective clothing is included in our school uniform and sports uniform. It includes shirts with collars and sleeves.

Hats

We require that all students wear the broad-brimmed or bucket style school hat as stipulated in the uniform policy.

Students without the required compulsory school hat will be directed to play in shaded areas- the undercover area for juniors and 'W' side block verandah for seniors.

We encourage staff, parents and visitors to wear sun protective hats when participating in and attending outdoor school activities.

Sunscreen

We encourage the use of SPF30 or higher broad-spectrum, water-resistant sunscreen. Classrooms will be provided with such sunscreen.

All students will be encouraged to apply sunscreen on themselves before going outdoors e.g. prior to school, before lunch, PE lessons, sports, camps, excursions etc.

Education
Incorporate sun protection and skin cancer awareness programs into the appropriate learning areas of the school curriculum.
Promote sun protection, wherever possible.

Guideline monitoring and review
The Sun Protection Guidelines will be made available to staff and parents, including new parents enrolling their children and new employees to our school.

These guidelines will be monitored regularly and reviewed on an on-going basis.